Educators face daunting challenges: budget crises, rapidly changing technology, and government requirements are just a few of the emerging issues. Educators’ EAP offers extensive links, tools, and resources to help educators deal with these and other professional challenges:

- Budget Boosters for Educators
- Parental Challenges
- Social Media for Educators
- Managing the Classroom
- Cyber Safety for You & Your Students

To access this benefit, you can call the EAP or log on to the website, www.EducatorsEAP.com, for thousands of articles, videos, and tools to help you resolve personal problems or improve your personal or professional life. Find trustworthy information on thousands of topics including:

- Adoption & Child Care
- Personal Finance
- Emotional Wellbeing
- Parenting
- Pets
- Physical Health & Wellness
- Legal Issues
- Loss and Grief
- Stress
- Elder Care & Child Care Locators
- Workplace & Family Violence
- Work-Life Balance
- Wills and Other Legal Forms
- Training & Education

More benefits than any other EAP.

www.EducatorsEAP.com • 1-800-252-4555 • 1-800-225-2527
You'll find an entire library of problem-solving resources including assessments, trainings, videos, tools and calculators such as 2,000+ Harvard Medical School articles
- Thousands of Legal articles
- 800,000 Child/Elder care providers
- Personal Growth programs
- Mental and Physical Health assessments
- Financial tools and calculators
- Career Development information
- 900 Health videos
- Plus, important resource centers that include:

**CAREGIVER CENTER**
A vast array of tools designed to help those providing care for a chronically ill, disabled, or aging family member or friend.

**TRAINING CENTER**
Access to hundreds of personal and professional development trainings and courses.

**LOCATORS**
Search for child and elder care resources in your local area.

**RESILIENCE JOURNEY**
An interactive new benefit to help you develop your maximum potential, experience less stress, less depression and improve physical and emotional health.

**ESI WELLNESS CENTER**
Articles, health assessments, courses, videos, and FAQs related to dieting, nutrition, stress, smoking, and physical fitness.

More benefits than any other EAP.

www.EducatorsEAP.com • 1-800-252-4555 • 1-800-225-2527