



Bay District Schools Water Safety Parent Resources 2022-2023

Water Safety and Swimming Certification - Florida Statute 1003.225

Beginning with the 2022-2023 school year, each public school shall provide, to a parent who initially enrolls his or her child in the school, information on the important role water safety education courses and swimming lessons play in saving lives. The information must be provided electronically or in hard copy and must include local options for age-appropriate water safety courses and swimming lessons that result in a certificate indicating successful completion, including courses and lessons offered for free or at a reduced price. If the student is 18 years of age or older, or is under the age of 21 and is enrolling in adult education classes, the information must be provided to the student.

Importance of Water Safety

According to the *Centers for Disease Control and Prevention*, more children ages 1-4 die from drowning than any other cause of death except birth defects. Additionally, the CDC reports that for children aged 1-14, drowning is the second leading cause of unintentional injury death after motor vehicle crashes.

For more information on drowning, different types of drowning, and other statistics, please visit <https://www.cdc.gov/drowning/facts/index.html>

Water Safety Lessons

- **Panama City Aquatic Center: (850) 236 - 2205**
<https://www.pcbfl.gov/departments/parks-recreation-department/pcb-aquatic-center/swim-academy-classes>
- **ISR (Infant Swimming Resource): (850) 814 - 0819**
<https://www.infantswim.com/>
- **Gulf Coast State College American Red Cross Swimming Lessons: (850) 872-3832, \$65**
<https://www.gulfcoast.edu/current-students/academic-divisions/wellness/aquatics/swim-lessons.html>
- **Boys and Girls Club of America Lessons: (850) 704 - 5789**
<https://bgcbayfl.org/pool-info.aspx>



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- **Bitty Bubbles Swim School: (850) 764 - 2489**
<http://www.bittybubbleswimschool.com/about/>
- **Mighty Minnows Swim School: (850) 866 - 4239**
<https://www.mightyminnowsswimschool.com/home>
- **Swim Life Survival Swim Lessons: (402) 212 - 5866, \$125 a week**
www.myswimlife.com

Water Safety Instructional Resources for Parents

- **American Red Cross Online Trainings for Parents:**
<https://www.redcross.org/take-a-class/swimming?latitude=30.1588129&longitude=-85.6602058&searchtype=class&zip=panama%20city%2C%20fl>
- **Florida Department of Children and Families:**
<https://www.myflfamilies.com/service-programs/child-welfare/summer-safety-tips/water-safety.shtml>
- **Florida Department of Health:**
<https://bay.floridahealth.gov/newsroom/2022/05/healthsafeswimweek2022.html>

Water Safety Certification for Teens and Adults

- **Gulf Coast State College: (850) 872 - 3832**
<https://www.gulfcoast.edu/current-students/academic-divisions/wellness/aquatics/lifeguard.html>
- **Red Cross Certifications: (850) 236 - 2205**
<https://www.pcbfl.gov/departments/parks-recreation-department/pcb-aquatic-center/red-cross-certifications>
- **Lifeguard Requirements HQ:**
<https://www.lifeguardtraininghq.com/lifeguard-requirements-in-florida/Panama-City-Beach>



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- **American Red Cross Online CPR & AED:**
<https://www.redcross.org/take-a-class/cpr?latitude=30.1588129&longitude=-85.6602058&searchtype=class&zip=panama%20city%2C%20fl>
- **Tri County CPR & More LLC: (850) 258 - 8783**
<https://www.tricocpr.com/>

Water Safety Children's Literature

You can borrow these books for free at the Bay County Public Library, purchase them, or follow along with your child in the provided YouTube links to read alouds.

- ***Froggy Learns to Swim by Jonathan Landon:***
https://www.youtube.com/watch?v=eIl_Yq423-Y
- ***Llama Llama Learns to Swim by Anna Dewdney:***
<https://www.youtube.com/watch?v=0V5UHxnXJxM>

Water Safety Videos

Videos for Parents:

- ***Water Safety for Families with Children with Special Needs:***
<https://www.youtube.com/watch?v=E-0dq7nI8uI>
- ***How to Keep Your Family Safe at the Pool:***
https://www.youtube.com/watch?v=YmcUXUV7K_o
- ***WATER Safety Tips:***
<https://www.youtube.com/watch?v=w2O2GqFAwTg>

Videos for Children:

- ***Water Safety with Fire Fighter Jules:***
https://www.youtube.com/watch?v=-6_5gAlgzgE



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- ***Pool Safety Rules:***

<https://www.youtube.com/watch?v=Ys7S6L1MgNw>

- ***Learn How to be a Water Safety Superhero:***

<https://www.youtube.com/watch?v=y8EnnUaHK4k>